



香港唐氏綜合症協會

The Hong Kong Down Syndrome Association

DSC & PRN NEWSLETTER

2017 JULY - SEPTEMBER



DS Centre

Address: Room 1303, 13/F, Tung Wah Mansion,
199-203 Hennessy Road, Wan Chai, Hong Kong
Telephone: 3462 2305 Fax: 3694 0997

Bradbury Parents Resources Centre

Address: No.1, G/F., Wing A, Chun Tung House, Tung
Tau Estate, Wong Tai Sin, Hong Kong
Telephone: 2718 7772 Fax: 2718 0811

RIGHT ADVOCACY
AND POLICY CONCERN

MEMBERS' INFO UPDATE

PERSONNEL CHANGES

SPECIAL ACTIVITIES

DSC INFORMATION

ACTIVITIES OF DS CENTRE

Right Advocacy and Policy Concern

Civil Society Law Reform Committee

In response to the “Incident of the “Bridge of Rehabilitation” Residential Home in 2016, the Civil Society Law Reform Committee urges the relevant Government agencies to consider the following recommendations to ensure that the legal rights of vulnerable persons are protected: 1) Admission of Hearsay Evidence; 2) Reform on Cross-examination; 3) Case Management Measures; 4) Pre-trial Legal Supports; 5) Early Identification by Requiring a Social Worker in Service Unit; 6) Better Application of the “Support Person”; 7) Better Support for PMD Witnesses and Victims; 8) Training for Better Awareness and Understanding on PMDs; 9) Evaluation of Existing Practice and Services; and 10) Establishment of a Central Information System.

For details, please find the English report via <https://goo.gl/gygfkJ>

You also can choose to sign the online joint-statement and support the report via <https://docs.google.com/forms/d/e/1FAIpQLSfllhsZT6bYiqXg8mM4arCQtNMWWT8kG99lyBn-yDUbolT-Mw/viewform?c=0&w=1>



Special Care Dentistry for people with special needs

Since the “Loving Smiles Service” (「盈愛・笑容」牙科先導計劃) will be terminated in the mid of 2017, it raised the public concern on the specialist dentistry service for the people with intellectual disability. A paper was sent to government by our parents’ committee of HKDSA and other parents’ groups, suggesting 1) the policy on dental care education for the people with intellectual disability; 2) dentistry training for the special needs; and 3) implementation of dental service for the special needs in Hong Kong.

Health record handbook for people with Down Syndrome

Our parents’ committee had contacted with around 90 parents of the Association, and found that only around 50% of them used the handbook frequently. The reason of not using the handbook were several, 60% of them revealed that they forgot to bring the handbook to the clinic, 10% realized that they needed guidance on the utilization, and some said that they were hesitated to increase doctors’ workload. Overall, 90% of the parents did realize that the handbook could help record and monitor the health issues of their children, while 10% realized not, but there were 85% would choose to use the handbook again/continuously. It was obvious that most of the parents agreed the impact of the handbook, but they needed more support and reminder to use it more. Parents’ committee will encourage every parent through the parents’ network and do more education on the utilization of the handbook in coming year.

主辦機構
Organised by



香港唐氏綜合症協會
HKDSA
The Hong Kong Down
Syndrome Association

支持機構
Supported by



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong



大學教育資助委員會
主題研究計劃項目 (T12-403/15N)
The Hong Kong Research Grants Council
Theme-based Research Scheme Project (T12-403/15N)

HEALTH
Li Ka Shing Institute of Health Sciences
李嘉誠健康科學研究所

香港唐氏綜合症協會 三十周年研討會

HKDSA 30th ANNIVERSARY SYMPOSIUM

創新、創見、創將來
Innovation, Insights & Intervention

從醫學研究、醫療服務、早期教育到照顧歷程
的分享，認識唐氏綜合症。

語言 Language: 廣東話 Cantonese



唐氏綜合症無創傷性產前診斷：從夢想到實現

Non-invasive Prenatal Testing of Down Syndrome: From Dream to Reality

主講 Presented by

盧煜明教授 Professor Dennis LO Yuk Ming

香港中文大學李嘉誠健康科學研究所所長
Director, Li Ka Shing Institute of Health Sciences,
The Chinese University of Hong Kong



遺傳學家的故事 – 與唐氏人士的互動生命歷程

Story-telling in Clinical Genetics – Patients that changed my life as a clinical geneticist

主講 Presented by

鍾佩雲醫生臨床副教授 Dr. Brian CHUNG Hon Yin

香港大學李嘉誠醫學院兒童及青少年科學系婦產科學系臨床副教授
Clinical Associate Professor, Centre for Reproduction, Development and Growth,
Department of Paediatrics and Adolescent Medicine, Department of Obstetrics and Gynaecology,
The University of Hong Kong



支援智障學生在普通學校學習

Supporting the learning of students with intellectual disabilities in mainstream schools

主講 Presented by

冼權鋒教授 Professor Kenneth SIN Kuen Fung

香港教育大學特殊學習需要與融合教育中心總監
Director, Centre for Special Educational Needs and Inclusive Education,
The Education University of Hong Kong



生命號，啟航吧！

"Life Voyage" Let's Set Sail!

分享 Shared by

楊映梅女士 Ms. Maggie YEUNG Ying Mui

香港唐氏綜合症協會家長委員會主席
Chairlady, Parents Committee,
The Hong Kong Down Syndrome Association

研討會設有
問答時間

Q & A session will be arranged after
all presentations finish

網上報名
Online
Registration



www.hk-dsa.org.hk/30-ann-symposium/registration
截止日期 Deadline: 2017.6.9

6/24
2017
Saturday
10a.m.-1p.m.

沙田威爾斯親王醫院香港中文大學深造中心
CUHK, Postgraduate Education Centre, Prince of Wales Hospital, Shatin, N.T., H.K.

費用
Fee

HK\$100

部分收費將撥予協會作服務發展用途。
Portion of proceed will be donated to The HKDSA for service development.

查詢 Enquiry: 2697 5391 網址 Website: www.hk-dsa.org.hk

專業學分
登記查詢
CME, CNE,
CPD, CEPST
Professional
Accreditation



演講摘要及講者介紹
Presentation Abstract & Speakers' Biography



PERSONNEL CHANGES



Ms Fung Mei Yee, Cindy

Associate director Ms Fung Mei Yee, Cindy, has resigned from her position effective from 9 June 2017. Thanks to Cindy for her serving in our association.

Mr Choi Yiu To

PRN Service-in-charge, Mr Choi Yiu To, has transferred from the Tiptop Training Centre to PRN since 1st March 2017. Mr Choi will be responsible for the New Territories Parents Network, Parents' Training Group, Right Advocacy and Policy Concern Group and the coordination of parents network of HKDSA.

Ms Wong Ngo Tung, Bonnie

PRN/DS Centre Program worker Ms Wong Ngo Tung, Bonnie, has arrived since 1st April 2017. Ms Wong will organize activities for parents network and assist the operation of DS Centre and Life Album project.

Words from Service-in-charge

Greetings to all members of HKDSA and parents. This is TO, and really happy to work with you all again.

As a father and a social worker, the mess and bad mood sometimes make me stressful. But the first intention leads me to go on. To provide a well-being life for the disabilities. Yet the members and their parents still facing the challenges from residential services, education, employment, etc. The path is long but together we strong. That's why the parents came together and form the association.

Everyone of you are welcome to contribute your idea to HKDSA and join us to provide services fit for all people with Down Syndrome. Hope to see you soon!

DOWN'S FUN DAY WITH CUHK

Let's break the stressful line of day to day living, and let's go out to have some fun! We would like to invite all of you to join the Down's Fun Day! Funny games and activities will be organized by the volunteers from the CUHK for all members. Parents will be separated to have a walking tour in the campus. Come and join us!

Date: 19th August, 2017

Time: 2:00PM – 4:30PM

Venue: The Chinese University of Hong Kong (Gather at University MTR station Exit C)

Target: Members aged 8 or above and their parents

Capacity: 20 people

Price: \$10 for each participant

Contact: 2718 7776 (Ms Trista Wan)

Remarks: Participants are required to walk uphill from the MTR station to the campus with the volunteers.



Members info update

To make sure all the members are able to receive the information from HKDSA. We invite you to update your personal information for us. Please provide us member's name and new info such as telephone no., address, Email address, etc. through Email (jothy.kwan@hk-dsa.org.hk) / Fax(3694 0997) / Tel(3462 2305) to our social worker Ms Jothy Kwan for our follow up. Thanks!

Member's Name: _____

New Telephone No.: _____

New Address: _____

New Email Address: _____

Other updates: _____

Special Activities (For ESG only)

HOLF PICNIC DAY

Have you ever visited any residential Care Home for Persons with disabilities in HK?

Do you want your kids to express love and care to the people with severe disability?

Do you like going to yum cha and having dim Sum for lunch?

Do you like bean curd and soy milk?

'Lunch Gathering and Visit HOLF' can provide you and your kids an unforgettable experience that is full of love.



Content	<p>10:30am- 12:30pm Visiting HOLF and making friends with the residents and bring them comfort and love</p> <p>1:00pm - 2:15pm Gathering and Going to yum cha and have dim sum for lunch</p> <p>2:30pm - 3:30pm Walk along Ng Tung River(Free Time)</p> <p>4:00pm - 4:45pm Going to Ho Sheung Heung, Debriefing and having Bean curd and soy milk buffet session (Optional activities, \$12/ each)</p>
Date	7th October, 2017 (Saturday)
Time	9:15am - 6:00pm
Meetup Point	<p>9:15 Lobby of Tung Wah Mansion</p> <p>9:40 Kowloon Tong Station Exit F/ G1</p> <p>10:10 Sheung Shui Station Exit C</p>
Venue	The Home of Loving Faithfulness, Pier 88 in Sheung Shui and Ho Sheung Heung
Target	ESG Members (with DS and non-DS) and their family members
Places	45
Fee	<p>\$120 each parent and family member;</p> <p>\$60 aged 4 or above DS member/ Non DS member;</p> <p>\$30 aged 3 or below</p>
Enrollment / Inquiries	<jothy.kwan@hk-dsa.org.hk>Ms. Jothy Kwan





Morning Coffee



Parents, are you worried and annoyed about having a little baby or kid with DS? This is a gathering for babies and kids' parents. You can get emotional support and information from other parents who have overcome similar difficulties and challenges. You can feel free to share your experience and feelings to us because we can understand your situation.

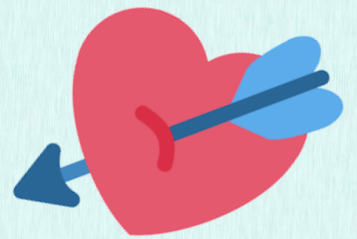
Content	Having coffee, sharing happiness and sadness
Date	22nd July 2017 and 26th August 2017 (Saturday)
Time	10:30am-12:00nn
Venue	THINK AHOLIC 21B Kyoto Commercial Centre, 491 -499 Lockhart Road, Causeway Bay
Target	ESG parents who have a little baby or kid with DS aged 12 or below
Places	15
Fee	\$30 per parent (Including 1 drink)
Enrollment / Inquiries	<jothy.kwan@hk-dsa.org.hk>Ms. Jothy Kwan



REVIEW OF MINI PANTO



*Best Wishes To
Sean!!*



beautiful

Support Services for Parents of Newborn Babies with Down Syndrome

Parents' Network for families of Babies with Down Syndrome aged from 3-6 years old

Objective: To build a high cohesive relationship of the families of babies with Down Syndrome by promoting the different families to share the experiences of nourishing their children and caring for each other through various activities.

Target : Families of Babies with Down Syndrome aged from 3-6 years old

Application for the activity: Please fill in the first part of application form and send back to us.

Inquires/Enrollment: Sophie Wang (Tel: 2718 7702)



Kids Fun Day @ Aberdeen Marina Club

Date: 6th September 2017 (Tuesday)

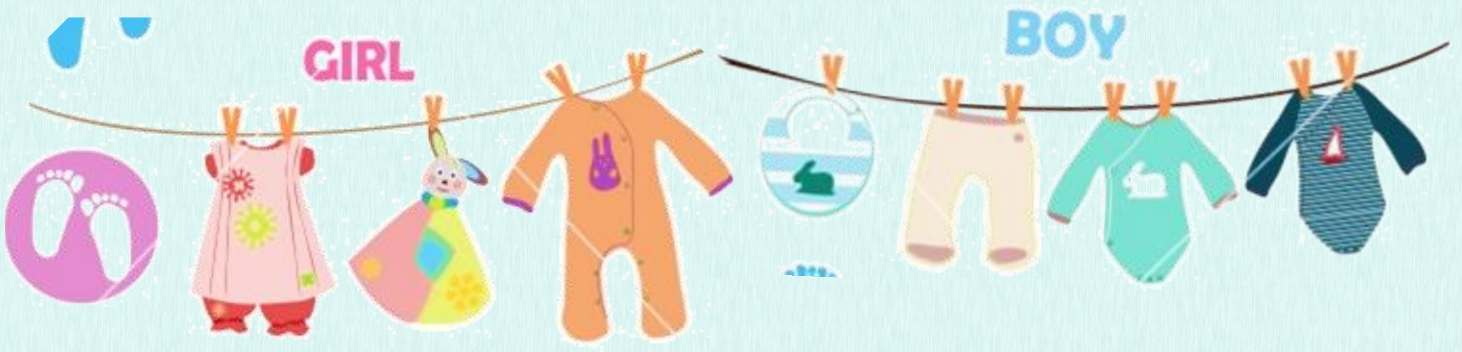
Time: 10:00am - 12:00nn (Please gather at Bradbury Parents Resources Centre of The Hong Kong Down Syndrome Association before or at 9:15 am, we will take shuttle bus to get there)

Avenue: Kids on 8! of Aberdeen Marina Club

Content: Founded in 1984, the Aberdeen Marina Club is a unique private community where members and their families enjoy superb facilities, outstanding restaurants and an impeccable level of service. Kids on 8! provides a fun learning platform for our children through interactive play. With the Train, Fire Engine, Police Station, Pirate Ship and Castle to name a few, there are endless stories and tales to be created, where the children are lost on the magical world, meeting new friends, new adventures and learning new skills.

Fee: HK\$ 20 for each adult and free for children under 18 years old

Quota: 15 families



“ SweetieLand “

Objective: Aiming to help children with Down Syndrome aged from 0-6 years old master different skills during their golden stage of growth by providing diversified training services from different professionals.

Target: Families of Babies with Down Syndrome aged from 3-6 years old

Inquires/Enrollment: Sophie Wang (Tel: 2718 7702)



Parent-child Music Therapy Group

Date: 22/7, 29/7, 5/8, 12/8 (Saturday)

Time: 2:30pm - 3:30pm

Avenue: Bradbury Parents Resource Centre

Content: Music is a key to motivate the kids' perception to the world. It seems to come naturally to the children with Down Syndrome to admire things of music and dance, children can benefit from learning in their interests. This time, we invite experienced Music Therapist, Angel Wong, to bring a special music class to parents and children.

Target: Families of Babies with Down Syndrome aged from 2-6 years old

Fee: HK\$ 240 / each family

Quota: 8 pairs of parents and children





DSC Information

A. Activity register process of DS Centre

For activity registration, please e-mail to dsc@hk-dsa.org.hk . We will **draw lots to decide the application if the registered members more than the quota. The deadline of registration is 25th June, 2017(Sunday) 6:00pm. The draw's result will be public on DS Centre on 30th June, 2017 (Friday).** We will distribute the receipt during 2nd to 3rd June, 2017. You can ask reception for the receipt during that period.

B. The Centre will be temporarily closed for the following days

1 st July, 2017 (Saturday)	Hong Kong Special Administrative Region Establishment Day
31 st August, 2017 (Thursday)	Staff Retreat Day
23 rd – 24 th September, 2017 (Saturday to Sunday)	Independent Training Camp

C. Words from Centre-in-charge

Dear members,

Greeting from DS Centre.

First of all, I would like to thanks for everyone who came to the DS centre 2nd Mini-talent show and gathering on 29th April. The performance from all of you is very impressive.

Secondly, thank you for the Hong Kong Players provides the mini-pantomime training to our members from February to May. We also appreciate the assistance from students of Renaissance College. Our members showed their talents and made a wonderful show of "Snow King" to the audiences.

We were glad to have Emmanuel Bishop, our friend from USA to come to DS Centre on 22th April to share with us about his abilities. We can see how important about self-determination and self-advocacy.

Lastly, DS Centre need your voice to make us better. We are now reviewing the refund policy and would like to recruit members and parents to be our committees to give comment on the refund policy of DS Centre. Please e-mail to chris.cheung@hk-dsa.org.hk if you can come and sharing your view.

Thank you for supporting DS Centre and make us stronger.

Centre-in-charge of DS Centre

Chris Cheung

Activities of DS Centre - Summer Playgroup

Joining playgroup can learn English and develop social skill in a relaxing atmosphere.

Content	Singing Vowel Songs to learn the pronunciation of words with 'A, E, I, O, U', matching words with relevant pictures. Also, kids can explore different things with different sense of taste and different sense of touch.	
Date	From 8th Aug to 29th June 2017 (Tuesdays, 4 sessions)	
Time	4:00pm - 5:00pm	
Venue	Dancing, DS Centre	
Target	HKDSA Members aged within 1-6	
Places	6	
Fee	HK\$40 for one session or HK\$160 for the whole session	
Voluntary Instructor	Miss Natalie (Parent of member)	
Inquiries	<jothy.kwan@hk-dsa.org.hk>Ms. Jothy Kwan	



DS Centre Saturday Programs

Is it funny and challenging to learn more knowledge and learn some Cantonese phrases at the same time?

	Integrative Learning (Class A)	Integrative Learning (Class B)
Content	Teaching social studies, current affairs, simple general science and social skills and so on	
Date	From 8th July to 16th September 2017 (Saturdays, 11 sessions)	
Time	2:00pm-3:00pm	3:00-4:00pm
Venue	Computer Room / Activity Room	
Target	HKDSA Members aged 18 or above	HKDSA Members aged 10 or above
	'Learn some Cantonese' will also be given priority) (current students of 'Cantonese class' and 'Learn some Cantonese' will also be given priority)	
Places	3	3
Fee	HK\$40 for one session or HK\$440 for the whole session	
Voluntary Instructor	Mrs. Shih, Sonja (Parent of member)	
Inquiries	<jothy.kwan@hk-dsa.org.hk> Ms. Jothy Kwan	

HAVE A WONDERFUL

 FRIDAY!

DS.6/Spo/2017-07

Wing Chun (One of the Chinese Martial Art/Kung-Fu)

The course focuses on the basic of Wing Chun technique. "Siu Nim Tao" is the first and most important in Wing Chun. Due to the emphasis on the center line, the straight punch is the most common strike in Wing Chun. The course emphasizes body's reaction especially. It can help you strengthen your muscles and reduce the risk of osteoporosis.

Content	(1) Basic of Wing Chun technique	(2) "Siu Nim Tao"
Date	7 th July – 22 nd September 2017 (Fridays, 10 sessions except 28 th July & 25 th August)	
Time	5:00pm – 6:00pm	
Venue	Dancing Room, DS Centre	
Target	HKDSA Members aged 10 or above	
Places	10	
Fee	\$700 full term	
Instructor	Mr. WONG Ka Ming, Samson	
Inquiries	3694 0996 Ms. TAI Po Yi	
Note	Please dress in sportswear	

DS.9/Int/2017-03

Xbox One

Do you think of fictitious sport games are exciting sport? They are home video game consoles, we can experience the exciting sport together! Dancing, Climbing...

Content	Play "Xbox One" games, such as dancing, climbing etc.	
Date	7 th July – 22 nd September 2017 (Fridays, 10 sessions except 28 th July & 25 th August)	
Time	6:00pm – 7:00pm	
Venue	Activity Room, DS Centre	
Target	HKDSA Members aged 6 or above	
Places	10	
Fee	HK\$100 full term	
Inquiries	3694 0996 Ms. TAI Po Yi	
Note	Please dress in sportswear	

Saturday PROGRAMS

Physical Fitness and Stretching

Having physical fitness training and stretching exercises with simple equipment under the instruction of the coach. It can help strengthen your muscles and gross motor skill. It can also improve your coordination and flexibility of the body at the same time.

Content	(1) Physical Fitness	(2) Stretching Exercise
Date	8 th July- 16 th September 2017 (Saturdays, 11 sessions)	
Time	11:45am - 12:45pm	
Venue	Dancing Room, DS Centre	
Target	HKDSA Members aged 10 or above	
Places	10	
Fee	HK\$80 per session or HK\$880 full term	
Instructor	<p>Mr. KAM Chi Ho (He obtained the certifications in Physical Fitness Foundation, Resistance Training Instructor, Fitball & Elastic Band Practitioner and Integrated Sports Massage)</p> <p>Practitioner issued by the Physical Fitness Association of Hong Kong, China)</p>	
Inquiries	3694 0996 Ms. TAI Po Yi	
Note	Please dress in sportswear	



Chinese Brush Painting

Chinese brush is mixed with pigment of brush painting, you can make creative work of painting art. It also helps to develop your peaceful and meditative mind to release the pressure from our stressful city life.

Code	DS-14/Art/2017-11	DS-14/Art/2017-12
Class	Chinese Brush Painting A	Chinese Brush Painting B
Content	A mixture of Chinese brush and pigment of brush painting	
Date	8 th July- 16 th September 2017 (Saturdays, 11 sessions)	
Time	1:00pm - 2:00pm	: 2:00pm - 3:00pm
Venue	Activity Room, DS Centre	
Target	HKDSA Members aged 10 or above	
Places	6	6
Fee	HK\$80 per session or HK\$880 full term	HK\$80 per session or HK\$880 full term
Instructor	Miss LAU Ho Yan, Cindy	

Island Dance

Island Dance taught by the English native tutor, it is easy to learn and you may have opportunities to perform. Let's get everybody dancing!!!

Content	Learning Disco and Modern Jazz
Date	8 th July - 16 th Sept, 2017 (Saturdays, 11 sessions)
Venue	Dancing Studio, DS Centre
Target	HKDSA Members aged 7 above
Places	20
Fee	\$130 per session or \$1430 full term
Instructor	Ms Nimi (Tutor from Island Dance Limited)
Inquiries	3694 0996 Ms. HO Wing Ki

Juggling Class

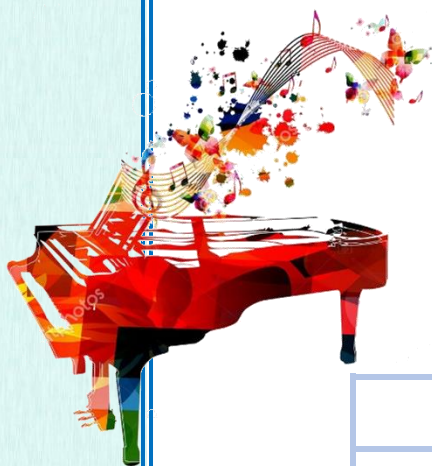
Juggling, juggling and juggling. Let's learn Plate Spinning, Chinese Yoyo and juggling three balls, etc. Juggling can improve coordination and concentration. Let's be a smart Downs Juggler!

Content	Learning easy juggling skills
Date	8 th July - 16 th Sept, 2017 (Saturdays, 9 sessions except 5 th and 12 th August, 2017)
Venue	Dancing Studio, DS Centre
Target	HKDSA Members aged 7 above
Places	8
Fee	\$100 per session or \$900 full term
Instructor	Mr So (Tutor from A To Z Magic Company)
Inquiries	3694 0996 Ms. Ho Wing Ki

Adding the elements of Modern Dance into Jazz, the course consists of the exuberant and fast-moving of Jazz and floor movements of Modern Dance. It emphasizes a whole-body approach including flexibility, sliding, body's reaction and body awareness to allow freedom of expression.

Modern Jazz

Content	(1) Element of Modern Dance (2) Basic of Jazz Dance
Date	8 th July- 16 th September 2017 (Saturdays, 11 sessions)
Time	10:00am - 11:00am
Venue	Dancing Room, DS Centre
Target	HKDSA Members aged 6 or above
Places	10
Fee	HK\$80 per session or HK\$880 full term
Instructor	Pending
Inquiries	3694 0996 Ms. TAI Po Yi
Note	Please dress in suitable wear



Piano Class

8th July – 16th Sept, 2017 (Saturdays)

9:00-17:00

Piano Room, DS Centre

Fees (per session)

30 mins	\$110
45 mins	\$150
60 mins	\$200

Inquires: 3694 0996 Ms Hoho



Jazz Drum Class

8th July – 16th Sept, 2017 (Saturdays)

9:00-17:00

9th July – 17th Sept, 2017 (Sundays)

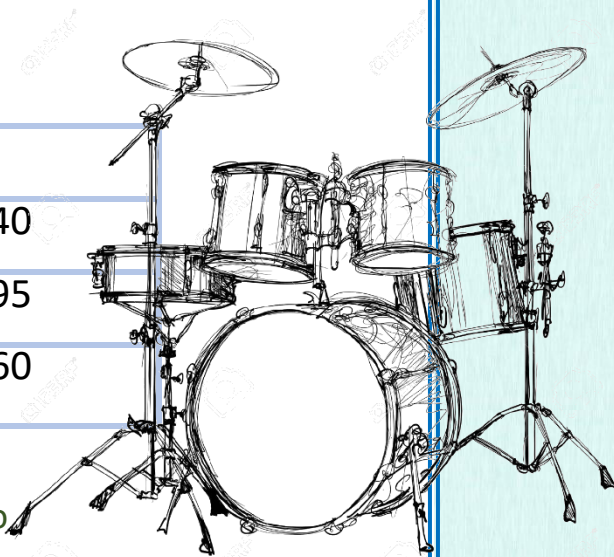
9:00-12:00

Band Room, DS Centre

Fees (per session)

30 mins	\$140
45 mins	\$195
60 mins	\$260

Inquires: 3694 0996 Ms Hoho



SCHEDULE OF SATURDAY

*Period: 8th July - 30th September (Saturdays, _ Sessions)

*Except 23rd September

*English is the main language in classes.

*Teachers and Volunteers will assist to English speaking members in other classes.

its
- SATURDAY -
good weekend!

Time	Class	Target	Fees (per quarter)	Fees (per session)
10:00am - 11:00am	Modern Jazz Tutor: Christy Ma	Aged 6 or above	\$880 (11 Sessions)	\$80
11:45am - 12:45pm	Physical Fitness and Stretching Exercise Class Tutor: Mr. Kim Chi Ho	Aged 10 or above	\$880 (11 Sessions)	\$80
11:00am - 1:00pm	I love kitchen Tutor: Ms To/DS Staff	Aged 10 or above	\$660 (11 Sessions)	\$60
1:00pm - 2:00pm	Chinese Brush Painting A Tutor: Cindy Lau	Aged 10 or above	\$880 (11 Sessions)	\$80
1:00pm - 2:00pm	*Island Dance Tutor: Ms Nimi	Aged 6 or above	\$1430 (11 Sessions)	\$130
2:00pm - 3:00pm	Chinese Brush Painting B Tutor: Cindy Lau	Aged 5 or above	\$880 (11 Sessions)	\$80
2:00pm-3:00pm	Juggling Class Tutor: Mr So (Except 5 th & 12 th August)	Aged 7 or above	\$900 (9 Sessions)	\$100
2:00pm-3:00pm	Integrative Learning (Class A) Tutor: Mrs. Shih, Sonja	Aged 18 or above	\$440 (11 Sessions)	\$40
3:00pm-4:00pm	Integrative Learning (Class B) Tutor: Mrs. Shih, Sonja	Aged 10 or above	\$440 (11 Sessions)	\$40
3:00pm - 4:00pm	African Drum Tutor: Tommy Hung (except 26 th August)	Aged 10 or above	\$840 (7 Sessions)	\$120
3:00pm - 4:30pm	Smart Cookery Tutor: Ms. Irene Chau/DSC Staff	Aged 10 or above	\$550 (11 Sessions)	\$50
4:30pm-5:30pm	Musical Tutor: Kit (except 29 th July, 26 th August and 16 th Sept)	Aged 10 or above	\$880 (8 Sessions)	\$110